



Archdiocese of Regina February 19, 2023

Bulletin

7th Sunday in Ordinary Time

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Pain

/pān/

In 1297 English, the word peyn came from Old French peine, which came from Latin poena meaning "punishment, penalty." In late Latin, it meant to torment, hardship and suffering. Greek ποινή (poine) with a general meaning of "price paid, penalty, punishment."

In 1644 Descartes' theory was that pain passed along nerve fibres as a disturbance that reached the brain. Descartes's and Avicenna's work evolved to the Specificity theory saw pain as "a specific sensation, with its sensory apparatus independent of touch and other senses." By the end of the 1800s, pain specificity was presented as fact.

Pain is an adaptive response that naturally protects our body from actual or potential injury. It is thought to be a signal from your nervous system that something is wrong. It is an unpleasant subjective sensation that may be constant, intermittent, sharp or dull, aches, tingling, burning, or stinging. It causes physical suffering or discomfort caused by illness or injury. There are differing opinions on whether pain is an emotion that results in mental suffering or distress. Pain is experienced differently by people.

Stewardship Bulletin Bit

"But I say to you, love your enemies and pray for those who persecute you..."Matthew 5:44

Love your enemies, easier said than done. But, remember, the foundation of stewardship is prayer. When we are in close communication with God, it opens our heart and it turns our attention away from "me" and moves it towards God and others. It changes my heart and actions, allowing for a little more empathy for "my enemy." When we pray for others, even our enemies, it may soften their hearts as well.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Archdiocese of Regina RENEW Lent

RENEW your Lent with inspirational resources sent to your inbox each week, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news, text RENEWLENT to 514-900-0130, or email communications@archregina.sk.ca.

BEST LENT EVER

With Lent just around the corner, we wanted to let you know that the Archdiocese is doing something special to help you have the best Lent of your life. We will be participating in Dynamic Catholic's BEST LENT EVER program and we hope you will join us. It's completely free! Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca



TF336: Ecumenical Log Drivers with Bishop Bruce Myers OGS - Part 2

After overcoming some technical difficulties, we are pleased to offer part 2 of a Week of Prayer for Christian Unity lecture series offered through the sponsorship of St. Thomas More College, the Prairie Centre for Ecumenism, the Archdiocese of Regina, and Champion College featuring Bishop

Bruce Myers at Champion College in Regina.

Drawing on decades of reflection on ecumenical reception and formation, Bishop Myers presents an approach to teaching the practical and theological aspects of ecumenism in a way that is both holistic and pragmatic and offers the potential to raise up a new generation of church leaders who are also agents of reconciliation and Christian unity.

Watch Here: youtube.com/watch?v=DaxTcC9qeoE

Show Link: thinkingfaith.libsyn.com/ecumenical-log-drivers-with-bishop-bruce-myers-ogs-part-2



Fasting Like a Refugee: A Lenten Call to Solidarity

Lenten reflections based on the Sunday readings will be posted to our Facebook page and linked to our website. These could serve as journaling entries or as a conversation at supper. Please share and encourage others to participate. Read the introduction to the reflection series at: archregina.sk.ca/newsstory/fasting-like-a-refugee-a-lenten-call-to-solidarity/



Full Time Archivist for the Archdiocese of Regina

The Archdiocese of Regina is seeking a full time Archivist with a start date of Mid to Late March 2023. For duties, responsibilities and qualifications, please visit the job posting at: archregina.sk.ca/employment/. A letter for interest and resume may be sent to lburkhart@archregina.sk.ca by March 7, 2023. Additional inquiries can be sent to the same email.

CALLING ALL LAY FORMATION ALUMNI

A small group of recent Lay Formation Program graduates have come together to create a Lay Formation Alumni. We all shared a very important and life-affirming journey in the program. We share new skills and knowledge acquired in the program, and an ember has been carefully lit in each of us. The Archdiocese of Regina Lay Formation program has been working continuously since 1983. Since then, 591 people have been commissioned through the program, but, unfortunately, we do not have contact information for everybody.

If you are interested in being part of the Lay Formation Alumni, send your contact information to Aseret Ruiz at:

Email: Aseret.ruizp@outlook.com or Cell: 306-201-6317

SAVE THE DATE: We are planning an Alumni gathering Saturday, June 17, 2023 in Regina at Campion College.

Archdiocese of Regina Social Media and Catholic News

Facebook: facebook.com/ArchdioceseofRegina/

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YouTube: youtube.com/archdioceseRegina

ArchRegina Weekly Report: Signup for weekly

Catholic News at archregina.sk.ca/news/

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Fishing Lake First Nation is a Saulteaux branch of the Ojibwe Nation and is located southwest of Wadena, Saskatchewan. Originally from central Canada, they were part of the Yellow Quill Saulteaux Nation. Chief Yellow Quill signed an adhesion to Treaty 4 in 1876. In the 1880's, Yellow Quill Saulteaux First nation was separated into three reserves (Nut Lake, Fishing Lake, and Kinistino). Fishing Lake First Nation was officially recognized as a separate First Nation in 1907. The population is approximately 2,000 and members live on and off the reserve. The First Nation has a new K – 12 school and business ventures including a full service camp management company. Retrieved January 30, 2023 saskatoon.ca/sites/default/files/documents/community-services/planning-development/future-growth/urban-reserves-treaty-land-entitlement/fnp_fishinglake.pdf

LESSON TWELVE

If the Catechism presents Catholic doctrine in a organized way, is the context of that doctrine ignored? Example: God's relationship with his people.

God's "covenant" is evident throughout the Catechism and interwoven to provide a unified whole. While the content of some European catechisms are organized according to the "covenant," the text of the Catechism normally used in Canada makes regular references to God's relationship with his people.

Who is God? Qui est Dieu?

3 Minute Catechism Video: archregina.sk.ca/group/catechetical-support-parishes/

Read the Catechism Text: CCC#'s 198, 212, 293 & 314

Sacred Scripture: Romans 11.33 & 34, Micah 4.12, Proverbs 3.5, Mark 12.24, 1 Cor 2.14.

There is a teaching that it is not possible, on earth, for the human intellect to comprehend God in His fullness, but possibly seen at the Beatific Vision (visio beatifica).

St. Augustine: Sermon 67, #5: "Si comprehendus, non est Deus", or: if you comprehend it, then it's not God. The moment we think to understand God's plan in our life, is the moment we are wrong. God simply "IS" and beyond all understanding.

St. Thomas Aquinas: Summa Theologiae tackles "all things God" by providing theories of God's nature, such as: proof, existence and attributes of God. without defining "who God is".

Archdiocese of Regina

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