



Archdiocese of Regina

February 5, 2023

Bulletin

5th Sunday in Ordinary Time

CALLING ALL LAY FORMATION ALUMNI

A small group of recent Lay Formation Program graduates have come together to create a Lay Formation Alumni. We all shared a very important and life-affirming journey in the program. We share new skills and knowledge acquired in the program, and an ember has been carefully lit in each of us.

The Archdiocese of Regina Lay Formation program has been working continuously since 1983. Since then, 591 people have been commissioned through the program, but, unfortunately, we do not have contact information for everybody.

If you are interested in being part of the Lay Formation Alumni, send your contact information to Aseret Ruiz at: Email: Aseret.ruizp@outlook.com or Cell: 306-201-6317

SAVE THE DATE: We are planning an Alumni gathering Saturday, June 17, 2023 in Regina at Campion College.

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Trauma is the Greek word for "wound" and was first recorded in 1685 in the medical literature and only described physical wounds. Two centuries later, "Psychic wounds" would be used and began the shift of what we see trauma as now. CAMH describes trauma as "the lasting emotional response that often results from living through a distressing event." Although trauma can still be used to explain physical wounds, it is now more associated with emotional or psychological trauma.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know...Cowessess First Nation is located along the Crooked Lake Valley 15 kilometers north of Broadview. The population is approximately 4300 members who reside on and off the First Nation. Chief Ka-wezauce (Little Boy) adhered to Treaty 4 on September 15, 1874, with his Anishinabe (Saulteaux), Nêhiwëyak (Cree), & Metis followers. The Marieval Indian Residential School was in the valley and operated by the RC church from 1899 to 1997. Today, Cowessess Community Educational Centre, a K - Grade 12 school with 196 students stands in this location and is operated by the First Nation.

a young adult event



RESURRECTION PARISH
FEBRUARY 17 | COST: \$20
ADORATION @ 6:00PM
SUPPER @ 7:00PM

BIT.LY/ARCHOYYAM

Young Adult Winter Ball

Looking for an excuse to dress your best? Hungry for a tasty meal? Itching for a night of fun? Look no further!

What to expect: Adoration*, catered dinner, easy dance lessons, and a fun Spotify playlist! The cost is \$20, and you can register here: bit.ly/ArchOYYAM

*if you are joining us for adoration only, you do not need to pay or register

Stewardship Bulletin Bit

"Let your light shine before others, that they may see your good works and give glory to your Father who is in heaven." Matthew 5:16

The generosity of being a good steward of your gifts has a positive effect on people and it is contagious! Good works encourages more good works. Generosity is a by-product of a grateful lifestyle. The more we recognize God's gifts, the more we want to share them. Good stewards recognize that God is working through them and they don't put themselves above the people they have been called to help.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.