



Archdiocese of Regina *Bulletin*

June 19, 2022

*Most Holy Body and
Blood of Christ*

What is National Indigenous Peoples Day (NIPD)?

June 21 is National Indigenous Peoples Day. This is a day for all Canadians to recognize and celebrate the unique heritage, diverse cultures and outstanding contributions of [First Nations](#), [Inuit](#) and [Métis](#) peoples. The Canadian Constitution recognizes these three groups as Aboriginal peoples, also known as Indigenous peoples.

Although these groups share many similarities, they each have their own distinct heritage, language, cultural practices and spiritual beliefs.

In cooperation with Indigenous organizations, the Government of Canada chose June 21, the summer solstice, for National Aboriginal Day, now known as National Indigenous Peoples Day. For generations, many [Indigenous peoples and communities](#) have celebrated their culture and heritage on or near this day due to the significance of the summer solstice as the longest day of the year.

Please check with your local community to see if there are events you can join on June 21st. Information on the event in Regina can be found here: tourismregina.com/calendar/regina-national-indigenous-peoples-day-celebration/

Watch for more information that will be coming out soon regarding the Papal Visit to Canada at the end of July; especially in Alberta, as the Archdiocese of Regina is currently involved in some of the planning. This historic event will be an occasion to support survivors of residential schools and for non-Indigenous people to be in solidarity through prayer and in concrete ways. More to come....

The Archdiocese of Regina Lay Formation Program Share the Joy of the Gospel!

"I'm more conscious that God is around me all the time. To know that He is everywhere with every person has helped me to step out of my comfort zone. Everyone has their little quirks and I see those as gifts or their own personal freedom of being who they are." - Beckey Franke, St. John the Baptist Parish, Estevan
One weekend a month from October to June, Catholics just like you are gathering at Campion College in Regina as they become more deeply aware of God's personal love and activity in their lives. Why not make their story, your story? We are currently accepting applications for our Fall intake. For more information on how to register please contact our Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at egurash@archregina.sk.ca

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... The Lakota, Nakota, and Dakota share a very sacred and profound history with the Sacred White Buffalo Calf Pipe Bundle. Chief Arvol Looking Horse a spiritual leader of the Lakota often shared how the sacred Pipe was first given to the Lakota, Nakota, and Dakota Nations. (Cultural Teachings: First Nations Protocols and Methodologies, SICC). This beautiful story can be read at legendsofamerica.com/na-whitebuffalo/

TF#301: Dating Well with Dr. Mario Sacasa - Part 1

Join the discussion with Dr. Mario Sacasa from the Always Hope Podcast as we discuss his new online course 'Dating Well'. We'll look at fostering a healthy approach to dating and relationships and the particular challenges faced by discerning couples in our modern world.



Show Snippet: If we fall into an overly pious way of dating or concept of dating, then we can think, "Well, as long as we agree that Jesus Christ is the Lord, that the Catholic Church is the one true Church, that we pray together, and that's all we need"...but you know your relationship is going to be built on so much more than just going to Mass together."

Dr. Sacasa's Always Hope Podcast: faithandmarriage.org/alwayshope/

Level up your love life in a Catholic context; faithandmarriage.thinkific.com/courses/datingwell
thinkingfaith.libsyn.com/dating-well-with-dr-mario-sacasa-part-1

Stewardship Bulletin Bit

"They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets." (Luke 9:17)

The story of the Loaves and Fishes shows us that when you share what you have, even if it doesn't seem like that much, miracles can happen! Do not think that your gift is too small or insignificant! Each of us has a role in God's plan; you just need to place your trust in the Lord. Nothing is impossible with God. You may be the answer to someone else's prayer.

BULLETIN BOARD

SUMMER CAMPS

Medieval Madness; A Leadership Camp

The Office of Youth and Young Adult Ministry will host a leadership camp this summer for teens. Join us for a medieval themed week of fun, faith, growth & community. Complete with Beach time, Sports, Archery, Music, Games, Talks, Nature, Campfires, Great Food and Important Conversations. Camps will be held at Glen Harbour Kids Camp which is located on the East side of Last Mountain Lake; about 40 minutes from Regina. Cost \$185 (Contact us, if cost is a barrier) To register, go to tiny.one/ArchCamp For more information contact us at oyyam@archregina.sk.ca Dates are as follows:

July 18 @ 2:00 - July 21 @ 1:00 for those ENTERING Gr. 10 - 1st yr. University in Fall

July 25 @ 2:00 - July 27 @1:00 for those ENTERING Gr. 7- 9 in Fall

Catholic Summer Fun - Outdoor adventures, canoes, swimming lessons, capture the flag, and campfire sing-alongs - it is camp the way you remember it! The Kenosee Boys and Girls Camp (located in the beautiful Moose Mountain Provincial Park) is accepting registrations for their July camps. They offer three different camps throughout July: Mighty Girls Camp (July 10th – 15th), Co-ed Camp (July 17th – 22nd FULL & July 24th– 29th), and Cana Family Camp (July 3rd – 9th). During Cana Camp families can stay in one of our cabins or bring their camper. Camp consists of counsellor led kids activities during the day, parent time and family time (Cana Camp), daily mass, and lots of fun and games for everyone! All of our camps focus on nature, spirituality, and fun! Learn more and register ONLINE (campkenosee.net), or contact Michael Paul at campkenosee@gmail.com or (306) 550-1102.

Camp O'Neill Summer Camp - Camp O'Neill, Round Lake is accepting youth for summer camp, July 6 – 12, cost is \$200. We also invite youth with special needs for a one day camp on July 12 and families for camping on the same day, these camps are both free. If you would like more information or if you would like to sponsor a youth please email Doris at camponeill2020@gmail.com or phone Deacon Dave at 306 728 5525 or go to camponeill.ca

Philomena Walking Pilgrimage

The 4th annual Saint Philomena Walking Pilgrimage is scheduled for August 11th to 14th, 2022. This is a supported walk, rest stops and meals are provided and a trailer carries camping supplies between nightly stops. Pilgrims are invited to join us for all of the walk, a few steps or anything in between. Registration deadline is Aug 4th. The pilgrimage starts at St Mary's in Yorkton on August 11th, and it ends at Our Lady of Lourdes Shrine at Rama on August 14th. For more information visit our website stphilomena.ca or phone Dave or Bev at 306-728-5525

From Fear to Love:

Spiritual Grounding in Anxious Times from the Henry Nouwen Society

We live in trying times. Wars, mass shootings, climate change, political and economic polarization, hate crimes... and a pandemic that just won't go away! Add to this the stack of personal burdens that so many endure on a daily basis. Despite the unbelievable advances in almost every area of life, advances our grandparents would be hard-pressed to even imagine, life is unavoidably anxious, stressful, and unpredictable.

Something to make things better...

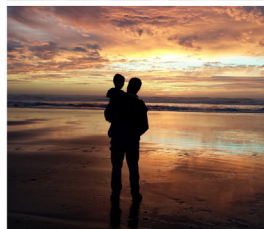
Admittedly, we can't do much to change the ways of the world, but we can offer an amazing new series of five practical and profound meditational videos that will help anchor and sustain you during these difficult days.

Beginning July 16, the Henri Nouwen Society is delighted to present From Fear to Love: Spiritual Grounding in Anxious Times with Rev. Marjorie J. Thompson.

Every week for five weeks, we will introduce a FREE new video on our HNS YouTube channel. Each video is designed to offer you insights and practices on how to enrich, deepen, and strengthen your spiritual life, and how to better cope with the stresses that threaten to erode your physical, mental, and spiritual wellbeing.

An invaluable and much-needed resource for these challenging times!

There will be support materials to accompany these videos available as FREE PDF downloads. To access these materials, you will need to register at Eventbrite: eventbrite.ca/e/from-fear-to-love-spiritual-grounding-in-anxious-times-tickets-344185206217



HAPPY FATHER'S Day

The righteous walk in integrity, happy are the children who follow them!
Proverbs 20:7



Archdiocese of Regina Bulletin Submissions
To submit a bulletin announcement for inclusion in the diocesan bulletin announcements, please email it by Tuesday before noon to communications@archregina.sk.ca.