



Archdiocese of Regina *Bulletin*

June 26, 2022

*13th Sunday in
Ordinary Time*

UPCOMING YOUTH EVENTS

1. MARK YOUR CALENDARS for FALL! On Saturday, September 17th from 10:00 -3:00, the directors of Youth Ministry from the Sask. dioceses would like to invite all those care for and serve young people to come together in Saskatoon this September for a day of collaboration, encouragement & training. If you are interested contact Michelle Braden to have your name added to the road trip list! mbraden@archregina.sk.ca

2. There will be a planning meeting for those interested in being part of an Archdiocese of Regina delegation attending World Youth Day in Portugal next summer (August 2023) Those interested in joining will be required to make a commitment (including a deposit) by THIS August. Those interested in pursuing this further are asked to attend a meeting on Wednesday, June 29 at 7:00 on Zoom. <https://zoom.us/j/99086743939>

3. Leadership Camp is back! Join the Office of Youth and Young Adult Ministry for an amazing camp experience geared for young people going INTO grades 10 – 1st year Uni on July 18-21 and for students going INTO grades 7-9 on July 25-27. Join us for medieval themed fun, faith and friends! For more info go to <https://archregina.sk.ca/youth-ministry/youth-summer-camps> or email oyyam@archregina.sk.ca

4. Young Adults 19 and up are invited to attend the 2nd annual “Press Pause and Pray” retreat held out at Glen Harbour Camp on July 23rd at 11:00 to July 24th at 11:00. Join us for leisurely meals, meaningful conversations, time for both community and quiet prayer in the beauty of nature. For more info go to <https://archregina.sk.ca/youth-ministry/young-adult-events>
To register email oyyam@archregina.sk.ca

itwewin Corner (itwewin is the Cree word which means ‘the word’ or ‘as it is said...’)

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... “All of First Nations have been given the Sacred Pipe teachings and understandings.... the Sacred Pipe has 7 (Seven) Pipe Laws. The Pipe laws include “health, happiness, generosity, generations, quietness, compassion and respect.” (Cultural Teachings: First Nations Protocols and Methodologies, SICC, p.30).

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



World Day
for Grandparents
and the Elderly
2022

#ElderlyAndGrandparents

Plenary Indulgence

To obtain a plenary indulgence:

- For the elderly, it is possible to obtain the indulgence by either attending a Mass on July 24, or by taking part in Mass either by television or radio.
- For young people, the indulgence is obtained by reaching out by performing a ‘work of mercy’ through visiting a lonely elderly person.



July 24, 2022



The Archdiocese of Regina Lay Formation Program

Forming Catholic leaders for service and evangelization

“Learning about apologetics has been a highlight for me because it involves the defense of the faith. When it is done in a kind and gentle way, conversations with all sorts of people open up.” - Dean Vey, Resurrection Parish, Regina.

One weekend a month from October to June, Catholics just like you are gathering at Campion College in Regina to receive the tools and the guidance they need to speak confidently about the church, their faith, and Jesus Christ in their homes, parishes and the world. Why not make their story, your story?

We are currently accepting applications for our Fall intake. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at egurash@archregina.sk.ca

Stewardship Bulletin Bit

“For you were called to freedom, brothers and sisters. But do not use this freedom as an opportunity for the flesh; rather serve one another through love.” (Galatians 5:13) - We like to celebrate that we are free to “live the good life.” We can do what we want, anytime we want, with no regard for laws. But, Jesus calls us to a different kind of freedom. St. Paul reminds us that by imitating Jesus we are freed from becoming a slave to our own self-interests and desires, so that we can serve one another. We are free to share our gifts and promote God’s work on earth to glorify His name and not honor ourselves.

BULLETIN BOARD

TF302: Dating Well with Dr. Mario Sacasa - Part 2

We continue our discussion with Dr. Mario Sacasa from the Always Hope Podcast looking at his new online course, 'Dating Well'. We'll look at fostering a healthy approach to dating and relationships and the particular challenges faced by discerning couples in our modern world.

Show Snippet: "If you have this expectation that a wife is supposed to do 'x' or a husband is supposed to be 'y', and you go into it with that expectation, well then...the reality of the person who is in front of you, is never going to meet that expectation." Find out more and level up your love life at faithandmarriage.org
thinkingfaith.libsyn.com/dating-well-with-dr-mario-sacasa-part-2

Catholic Summer Fun - Outdoor adventures, canoes, swimming lessons, capture the flag, and campfire sing-alongs - it is camp the way you remember it! The Kenosee Boys and Girls Camp (located in the beautiful Moose Mountain Provincial Park) is accepting registrations for their July camps. They offer three different camps throughout July: Mighty Girls Camp (July 10th – 15th), Co-ed Camp (July 17th – 22nd FULL & July 24th– 29th), and Cana Family Camp (July 3rd – 9th). During Cana Camp families can stay in one of our cabins or bring their camper. Camp consists of counsellor led kids activities during the day, parent time and family time (Cana Camp), daily mass, and lots of fun and games for everyone! All of our camps focus on nature, spirituality, and fun! Learn more and register ONLINE (campkenosee.net), or contact Michael Paul at campkenosee@gmail.com or (306) 550-1102.

Camp O'Neill Summer Camp - Camp O'Neill, Round Lake is accepting youth for summer camp, July 6 – 12, cost is \$200. We also invite youth with special needs for a one day camp on July 12 and families for camping on the same day, these camps are both free. If you would like more information or if you would like to sponsor a youth please email Doris at camponeill2020@gmail.com or phone Deacon Dave at 306 728 5525 or go to camponeill.ca

Philomena Walking Pilgrimage

The 4th annual Saint Philomena Walking Pilgrimage is scheduled for August 11th to 14th, 2022. This is a supported walk, rest stops and meals are provided and a trailer carries camping supplies between nightly stops. Pilgrims are invited to join us for all of the walk, a few steps or anything in between. Registration deadline is Aug 4th. The pilgrimage starts at St Mary's in Yorkton on August 11th, and it ends at Our Lady of Lourdes Shrine at Rama on August 14th. For more information visit our website stphilomena.ca or phone Dave or Bev at 306-728-5525

Trinity Manor at Westerra: Welcome Home!

We know your pets are family, and they are welcome at Trinity Manor. Bring your pet with you into your suite starting at \$2245, and they'll be included as a part of our retirement community. Trinity Manor is part of the Emmanuel Care community. Emmanuel Care is a healthcare ministry of the Catholic Church that ensures the legacy of Catholic health care organizations and services in Saskatchewan. Age in place with your pet and enjoy a variety of beautiful amenity spaces together. We offer the best in style and support with modern one and two-bedroom suites, for rent. One resident says "I toured many different places, all equally beautiful, with great care. Trinity Manor was the only one that took care not only of my physical needs, but my spiritual needs as well". Attend daily mass, or spend time in quiet reflection in our tranquil chapel. Start your day by enjoying the country sunrise, 10 mins from downtown. What's included in our all-inclusive plan? Contact Janet at 306-550-8077 for more information, or to book your personal tour now. Visit us at trinitymanorregina.ca

From Fear to Love:

Spiritual Grounding in Anxious Times from the Henry Nouwen Society

We live in trying times. Wars, mass shootings, climate change, political and economic polarization, hate crimes... and a pandemic that just won't go away! Add to this the stack of personal burdens that so many endure on a daily basis. Despite the unbelievable advances in almost every area of life, advances our grandparents would be hard-pressed to even imagine, life is unavoidably anxious, stressful, and unpredictable.

Something to make things better...

Admittedly, we can't do much to change the ways of the world, but we can offer an amazing new series of five practical and profound meditational videos that will help anchor and sustain you during these difficult days.

Beginning July 16, the Henri Nouwen Society is delighted to present From Fear to Love: Spiritual Grounding in Anxious Times with Rev. Marjorie J. Thompson.

Every week for five weeks, we will introduce a FREE new video on our HNS YouTube channel. Each video is designed to offer you insights and practices on how to enrich, deepen, and strengthen your spiritual life, and how to better cope with the stresses that threaten to erode your physical, mental, and spiritual wellbeing.

An invaluable and much-needed resource for these challenging times!

There will be support materials to accompany these videos available as FREE PDF downloads. To access these materials, you will need to register at Eventbrite: [eventbrite.ca/e/from-fear-to-love-spiritual-grounding-in-anxious-times-tickets-344185206217](https://www.eventbrite.ca/e/from-fear-to-love-spiritual-grounding-in-anxious-times-tickets-344185206217)

*Archdiocese of Regina Bulletin Submissions
To submit a bulletin announcement for
inclusion in the diocesan bulletin
announcements, please email it by
Tuesday before noon to
communications@archregina.sk.ca.*